

## **Hike on the Wadi Naqab ridge on Friday, April 20, 2018**

The weather is getting hotter every day, but at mid-altitude we can still do one last hike in the season.

This will be an afternoon hike on the Wadi Naqab ridge with hopefully some beautiful views over Wadi Naqab and RAK, ending with sunset. The altitude of this hike is 800 - 900 m ASL, so the temperatures should be bearable. We will walk 4 km in total, 2 km to the mountain village with terrace fields and some more views into adjacent wadi where we will stop for some natural history exploration and rest, before retracing the same trail back to our starting point. The trail is relatively easy, with not more than 100 m elevation gain in total, but is on rough terrain and sometimes very close to the cliff, so certain fitness level and proper gear are required. The hike is exposed to the sun and except for final destination, there will be no shade.

[We will meet in Wadi Naqab at 1 pm for a 2 pm start.](#)

For those who wish, we can stay camping on the ridge: at 900 m night temperatures should be still pleasant.

**The group is limited to a maximum of 8 people or 2 cars.**

**Please apply only if you are fit, used to hiking in UAE mountains, able to walk 4 hrs on rough terrain and cope with the sun exposed slopes with couple of exposed ledges.**

### What to bring:

- Comfortable walking shoes with good grip and ankle support (no flip flops, sandals or sneakers!)
- Good backpack with waist straps
- **Plenty of water – at least 3 liters of water/isotonic drinks per person**
- Hat, sunglasses and sun cream
- Hiking poles (optional)
- Snacks for the picnic in the village (optional)
- Camping gear if you plan to stay camping
- **4WD is mandatory**

If interested, please contact Sonja: [lavson@gmail.com](mailto:lavson@gmail.com)